

## Expressions of Light

Nudgings come quietly  
or epiphany presents

Trembling palpitations  
or deepmost calm

Discerning  
words  
or melody  
movement  
or touch  
dance  
or song  
art  
message to be spoken  
or story to be told  
acted  
or lived

In  
Meeting for Worship  
forest  
or art studio  
practice space or concert hall  
playhouse  
relationships  
kitchen or living room  
workplace  
war zone, prison, or street corner

The Light is manifested  
shared  
in the medium  
one is given  
as a gift

Our job is to prepare ourselves by opening  
centering  
in wholeness  
developing talents and skills  
so we are ready

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